

# AdaptDx Patient Instructions

It is important to guide a patient during testing to help them understand the process and set expectations. Using these directions will help ensure a smooth experience.

## Demonstration Test

Once you have completed patient setup and are ready to begin the Demonstration Test, the recommended instructions are:

“This is a short Demonstration Test so that you can become familiar with the test procedure. Your job is to look at the red light at the back of the viewing tunnel and use your peripheral vision to detect a spot of light that will appear at brief intervals. The Demonstration Test will start with a dim flash. After the flash, press the response button whenever you see the spot of light. The spot of light may appear brighter or dimmer and that is normal. The color of the light may change and that is normal. During the test, the best time to blink is right after you push the response button.”

“We are ready to start the demonstration. When I ask you to, please open your eyes wide and look directly at the red fixation light. Please open your eyes wide and look directly at the red fixation light.”

## Actual Test

When ready to begin a Rapid Test or Extended Test, you may say the following:

“Now we are going to perform the actual test. The procedure is identical to the Demonstration Test. The most important thing for you to do is to look at the red fixation light. The initial flash will be much brighter – similar to a small camera flash when having your picture taken. After the flash, push the response button whenever you see the spot of light, just like in the Demonstration Test. Don't worry if it takes more time to see the stimulus light than during the Demonstration Test; that is normal. You will be given periodic rest breaks. During a rest break, feel free to close your eyes. I will let you know when the rest break is over.”

“We are ready to start the test. When I ask you to, please open your eyes wide and look directly at the red fixation light. Here we go. Please open your eyes wide and look directly at the red fixation light.”

You are responsible for two things during a rest break:

- Alert the patient that the rest break has begun by saying, for example, “Excellent, there will be a short rest break now.” You may tell the patient they can close their eyes, but make sure to keep their chin and forehead in the same position to prevent moving out of alignment.
- Alert the patient when the rest break is about to end by saying, for example, “The rest break is about to end. Look straight at the red light and push the response button whenever you see a flashing light.”